Examining Whiteness

Videos:
- “Deconstructing White Privilege,” - Robin DiAngelo

Books:
- White Fragility: Why It's So Hard for White People to Talk About Racism by Robin DiAngelo
- What Does It Mean to Be White?: Developing White Racial Literacy by Robin DiAngelo
- White Like Me: Reflections on Race from a Privileged Son by Tim Wise
- Dear White America: Letter to a New Minority by Tim Wise
- White Trash: The 400-Year Untold History of Class in America by Nancy Isenberg
- White Teachers Diverse Classrooms, 2nd Edition: Creating Inclusive Schools Building on Students Diversity & Providing True Educational Equity by Julie Landsman
- History of White People by Nell Irvin Painter
- The White Racial Frame: Centuries of Racial Framing and Counter by Joe R. Feagin
- White Privilege: Essential Readings on the Other Side of Racism by Paula S. Rothenberg

Articles:
- “White Privilege: Unpacking the Invisible Knapsack” by Knapsack Peggy McIntosh

Podcasts:
- “Seeing White” - Scene on Radio
- “Can We Talk About Whiteness?” - The Code Switch Podcast
- “Dying of Whiteness” - Speak Out with Tim Wise
- “Robin DiAngelo/Debby Irving – White Fragility, Obliviousness, and White Allyship” - Speak Out with Tim Wise
- “Origins of Whiteness” - Chromatic Elephant

Websites:
- White Ally Toolkit

Race

Videos:
- I’m Not Your Negro, Netflix
- 13th, Netflix

Books:
- Critical Race Theory by Richard Delgado
• **Why Are All the Black Kids Sitting Together in the Cafeteria?: And Other Conversations About Race** by Beverly Tatum

• **Courageous Conversations About Race: A Field Guide for Achieving Equity in Schools** by Glenn E. Singleton

• **Between the World and Me** by Ta-Nehisi Coates

• **Stamped from the Beginning: The Definitive History of Racist Ideas in America** by Ibram X. Kendi

**Articles:**

• “Race’ and the Human Genome Project: Constructions of Scientific Legitimacy” by Patricia McCann, et al

**Podcasts:**

• All My Relations

• Momentum: A Race Forward Podcast

• About Race

• Code Switch

• 1619

**Communication Frameworks**

**Articles:**

• “21 Ways to Stop a Conversation”

• “A Real Apology”

• Mindful Inquiry

• The Art of Listening

• Unhealthy Ways to Communicate

**Resources:**

• “The Art of Mindful Inquiry,” Lee Mun Wah

• Courageous Conversations on Race Framework

• Four Agreements and Six Conditions

• The Compass

**Books:**

• The Art of Mindful Facilitation by Lee Mun Wah

• Courageous Conversations About Race: A Field Guide for Achieving Equity in Schools by Glenn E. Singleton

**Racism**

**Books:**

• Begin Again: James Baldwin’s America and Its Urgent Lessons for Our Own by Eddie S. Glaude Jr.
- Biased: Uncovering the Hidden Prejudice that Shapes What We See, Think, and Do by Jennifer L. Eberhardt
- Race and Racisms: A Critical Approach by Tanya Golash-Boza
- Racist America: Roots, Current Realities, and Future Reparations by Joe Feagin
- So You Want to Talk About Race by Ijeoma Oluo
- Stamped from the Beginning: The Definitive History of Racist Ideas in America by Ibram X. Kendi
- Two Faced Racism: Whites in the Backstage and Frontstage by Leslie Picca and Joe Feagin
- The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander
- Racism without Racists: Colorblind Racism and the Persistence of Racial Inequality in the United States by Eduardo Bonilla-Silva
- White Rage: The Unspoken Truth of Our Racial Divide by Carol Anderson

**Anti-Racism**

**Videos:**
- “How to Be an Anti-Racist,” Ibram X. Kendi

**Books:**
- How to be an Antiracist by Ibram X. Kendi
- Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor by Layla Saad
- This Book Is Anti-Racist: 20 Lessons on How to Wake Up, Take Action, and Do the Work by Tiffany Jewell and Aurelia Durand

**Articles:**
- “6 Ways to Be Anti-Racist, Because Being ‘Not Racist’ Isn’t Enough,” Rebecca Ruiz, Mashable
- “What It Means to be Anti-Racist,” Anna North, Vox

**Podcasts:**
- The Anti-Racist Educator

**Intercultural Development Inventory (IDI)**

**Books:**
- Culturally Proficient Leadership: The Personal Journey Begins Within by Raymond D. Terrell and Randall B. Lindsey
• Culturally Proficient Learning Communities: Confronting Inequities Through Collaborative Curiosity by Delores B. Lindsey, et al

Articles:
• “Additional Cross-Cultural Validity Testing of the Intercultural Development Inventory” by Mitch Hammer
• “Summary of Independent Validation of the IDI Conducted by ACS Ventures: 2016-2017”

Culturally Relevant Advising

Videos:
• “Significant Conversations: The Art and Science of Communication in Transformational Advising,” NACADA
• “Expanding Your Comfort Zone: Strategies for Developing Cultural Competence in Academic Advising,” NACADA
• “The Danger of a Single Story,” Chimamanda Ngozi Adichie, TED Talks
• “Building Culturally Relevant Schools Post-Pandemic,” Dr. Gloria Ladson-Billings

Books:
• The Appreciative Advising Revolution by Jennifer L. Bloom, Bryant L. Hutson, and Ye He
• Out from the Shadows of Minneapolis: Power, Pride, and Perseverance at a Northern Community College, edited by Jay Williams and Alison Bergblom Johnson
• Culturally Responsive Teaching by Geneva Gay
• Courageous Conversations About Race: A Field Guide for Achieving Equity in Schools by Glenn E. Singleton

Articles:
• “Culturally Responsive Academic Advisement” by Nichelle-Kyle E. Bowes
• Identity Models
• “The Art of Mindful Inquiry,” Lee Mun Wah
• “Courageous Conversations on Race,” Glenn Singleton
• “A Guide to Cultural Awareness of Minnesota,” DHHS
• “Effective Advising of Diverse Students in Community Colleges,” Graciela L. Orozco, Alvin N. Alvarez & Terry Gutkin
• “Family Education Model: Meeting the Student Retention Challenge,” Iris HeavyRunner and Richard DeCelles

Podcasts:
• The Moth Podcast
• All My Relations
Culturally Responsive Pedagogy

Books:

- Culturally Responsive Pedagogy: Working Towards Decolonization, Indigeneity and Interculturalism, edited by Fatima Pirbhai-Illich, Shauneen Pete, and Fran Martin
- Culturally Responsive Teaching and The Brain: Promoting Authentic Engagement and Rigor Among Culturally and Linguistically Diverse Students by Zaretta Hammond
- The Dreamkeepers: Successful Teachers of African American Children, 2nd Edition by Gloria Ladson-Billings
- A People’s History of the United States by Howard Zinn
- Lies My Teacher Told Me by James W. Loewen
- Multiplication Is for White People: Raising Expectations for Other People's Children by Dr. Lisa Delpit
- Finding Joy in Teaching Students of Diverse Backgrounds by Dr. Sonia Nieto
- Managing Diverse Classrooms: How to Build on Students' Cultural Strengths by Dr. Carrie Rothstein-Fisch and Dr. Elise Trumbull

Articles:

- “Yes! But How Do We Do It?” by Dr. Gloria Ladson-Billings
- “But That’s Just Good Teaching” by Dr. Gloria Ladson-Billings
- “Teaching to and Through Cultural Diversity” by Geneva Gay
- “Culturally Different Students in Special Education” by Donna Ford

Trauma Responsive Pedagogy

Books:

- My Grandmother’s Hands: Racialized Trauma and the Pathways to Mending Our Hearts and Bodies by Resmaa Menakem
- In the Realm of Hungry Ghosts: Close Encounters with Addiction by Gabor Maté
- When the Body Says No: Understanding the Stress-Disease Connection by Gabor Maté
- Hold on to Your Kids: Why Parents Need to Matter More Than Peers (Co-Aauthored w/Gordon Neufeld) by Gabor Maté
- Facing Codependence: What it is, Where it Comes from, How it Sabotages Our Lives by Pia Mellody
- The Intimacy Factor: The Ground Rules for Overcoming Obstacles to Truth, Respect and Lasting Love by Pia Mellody
- Facing Love Addiction: Giving Yourself the Power to Change the Way You Love by Pia Mellody
- The Deepest Well: Healing the Long-Term Effects of Childhood Adversity by Nadine Burke-Harris
- The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma by Bessel van der Kolk
- The Boy Who was Raised as a Dog and Other Stories from a Child Psychiatrist’s Notebook by Bruce Perry
• **I Thought It Was Just Me (But It Isn’t):** Making the Journey from “What Will People Think” to “I Am Enough” by Brené Brown
• **Daring Greatly:** How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead by Brené Brown
• **Rising Strong:** How the Ability to Reset Transforms the Way We Live, Love, Parent, and Lead by Brené Brown
• **Post-Traumatic Slave Syndrome** by Dr. Joy DeGruy
• **The Trauma-Sensitive Classroom:** Building Resilience with Compassionate Teaching by Patricia A. Jennings
• **The Social Neuroscience of Education** by Louis Cozolino
• **When They Call You a Terrorist:** A Black Lives Matter Memoir by Patrisse Khan-Cullors
• **Exile and Pride:** Disability, Queerness, and Liberation by Eli Clare
• **Dirty River:** A Queer Femme of Color Finding Her Way Home by Leah Lakshmi Piepzna-Samarasinha
• **No Ashes in the Fire:** Coming of Age Black and Free in America by Darnell Moore
• **Tender Points** by Amy Berkowitz
• **None of the Above** by I.W. Gregorio
• **Wakiksuyapi:** Carrying the Historical Trauma of the Lakota by Maria Yellow Horse Brave Heart

**Websites:**
• [Center for Disease Control Preventing Adverse Childhood Experiences (ACEs)](https://www.cdc.gov/ace/)
• [Center for Mind Body Medicine](https://www.centermbm.org/)
• [Chromatic Elephant Resources](https://chromaticelephant.org/)
• [Resmaa Menakem](https://www.resmaamenakem.com/)
• [Sandra Bloom’s Sanctuary Model](https://sandrabloomsanctuarymodel.com/)
• [Dr. Ann Masten](https://www.annmasten.org/)
• [Washburn Center Resources](https://www.washburn.edu/resources/)
• [Greater Good Science Center at University of CA, Berkeley](https://greatergood.berkeley.edu/)

**Podcasts:**
• “How Trauma Lodges in the Body” - On Being
• “Designing the Mentally Healthy Workplace” - Harvard Business Review

**LGBTQIA+**

**Videos:**
• “This Is What LGBT Life Is Like Around the World,” Jenni Chang and Lisa Dazols
• “Violence and Discrimination in the LGBT Community,” University of California
• “Effective Allyship: A Transgender Take on Intersectionality,” Ashlee Marie Preston, TEDxPasadena
• “Transgender Inclusion in the Workplace: Transitioning at Work,” Human Rights Campaign
• “How to Talk (and Listen) to Transgender People,” Jackson Bird, TED

**Books:**
• [Expanding the Circle: Creating an Inclusive Environment in Higher Education for LGBTQ Students and Studies](https://www.gpp.com/expanding-the-circle/) edited by John C. Hawley
• Trans* in College: Transgender Students' Strategies for Navigating Campus Life and the Institutional Politics of Inclusion by Z Nicolazzo
• Queer People of Color in Higher Education (Contemporary Perspectives on LGBTQ Advocacy in Societies) edited by Joshua Moon Johnson and Gabriel Javier

Articles:
• “Analysis of LGBT Identity Development Models and Implications for Practice” by Brent L. Bilodeau, Kristen A. Renn.
• “LGBTQ Students on Campus: Issues and Opportunities for Higher Education Leaders” by Kristen Renn.

Podcasts:
• “101: Being An Effective Ally To The LGBTQ,” Your Queer Story: An LGBT Podcast
• “4 Ways To Make Your Workplace Equitable For Trans People,” Life Kit, NPR
• LGBTQ&A Podcast
• Making Gay History: The Podcast
• Out from the Vaults: A Trans History Podcast

Living Room Conversations

Videos:
• Living Room Conversations: Watch and Listen

Resources:
• Racial Equity Resources

Websites:
• Living Room Conversations
• Minneapolis College Living Room Conversations

Podcasts:
• Living Room Conversations: Watch and Listen