

# Equity and Inclusion List of Virtual Resources

Revised August 19, 2020

## Examining Whiteness

### Videos:

- [“Deconstructing White Privilege,” - Robin DiAngelo](#)

### Books:

- [White Fragility: Why It's So Hard for White People to Talk About Racism by Robin DiAngelo](#)
- [What Does It Mean to Be White?: Developing White Racial Literacy by Robin DiAngelo](#)
- [White Like Me: Reflections on Race from a Privileged Son by Tim Wise](#)
- [Dear White America: Letter to a New Minority by Tim Wise](#)
- [White Trash: The 400-Year Untold History of Class in America by Nancy Isenberg](#)
- [White Teachers Diverse Classrooms, 2nd Edition: Creating Inclusive Schools Building on Students Diversity & Providing True Educational Equity by Julie Landsman](#)
- [History of White People by Nell Irvin Painter](#)
- [The White Racial Frame: Centuries of Racial Framing and Counter by Joe R. Feagin](#)
- [White Privilege: Essential Readings on the Other Side of Racism by Paula S. Rothenberg](#)

### Articles:

- [“White Privilege: Unpacking the Invisible Knapsack” by Knapsack Peggy McIntosh](#)

### Podcasts:

- [“Seeing White” - Scene on Radio](#)
- [“Can We Talk About Whiteness?” - The Code Switch Podcast](#)
- [“Dying of Whiteness” - Speak Out with Tim Wise](#)
- [“Robin DiAngelo/Deby Irving – White Fragility, Obliviousness, and White Allyship” - Speak Out with Tim Wise](#)
- [“Origins of Whiteness” - Chromatic Elephant](#)

### Websites:

- [White Ally Toolkit](#)

## Race

### Videos:

- [I’m Not Your Negro, Netflix](#)
- [13th, Netflix](#)

### Books:

- [Critical Race Theory by Richard Delgado](#)

- [Why Are All the Black Kids Sitting Together in the Cafeteria?: And Other Conversations About Race by Beverly Tatum](#)
- [Courageous Conversations About Race: A Field Guide for Achieving Equity in Schools by Glenn E. Singleton](#)
- [Between the World and Me by Ta-Nehisi Coates](#)
- [Stamped from the Beginning: The Definitive History of Racist Ideas in America by Ibram X. Kendi](#)

#### Articles:

- [“‘Race’ and the Human Genome Project: Constructions of Scientific Legitimacy” by Patricia McCann, et al](#)

#### Podcasts:

- [All My Relations](#)
- [Momentum: A Race Forward Podcast](#)
- [About Race](#)
- [Code Switch](#)
- [1619](#)

## Communication Frameworks

#### Articles:

- [“21 Ways to Stop a Conversation”](#)
- [“A Real Apology”](#)
- [Mindful Inquiry](#)
- [The Art of Listening](#)
- [Unhealthy Ways to Communicate](#)

#### Resources:

- [“The Art of Mindful Inquiry,” Lee Mun Wah](#)
- [Courageous Conversations on Race Framework](#)
- [Four Agreements and Six Conditions](#)
- [The Compass](#)

#### Books:

- [The Art of Mindful Facilitation by Lee Mun Wah](#)
- [Courageous Conversations About Race: A Field Guide for Achieving Equity in Schools by Glenn E. Singleton](#)

## Racism

#### Books:

- [Begin Again: James Baldwin's America and Its Urgent Lessons for Our Own by Eddie S. Glaude Jr.](#)

- [Biased: Uncovering the Hidden Prejudice that Shapes What We See, Think, and Do by Jennifer L. Eberhardt](#)
- [How to Be Less Stupid About Race: On Racism, White Supremacy and the Racial Divide by Crystal Fleming](#)
- [Race and Racisms: A Critical Approach by Tanya Golash-Boza](#)
- [Racist America: Roots, Current Realities, and Future Reparations by Joe Feagin](#)
- [So You Want to Talk About Race by Ijeoma Oluo](#)
- [Stamped from the Beginning: The Definitive History of Racist Ideas in America by Ibram X. Kendi](#)
- [Two Faced Racism: Whites in the Backstage and Frontstage by Leslie Picca and Joe Feagin](#)
- [The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander](#)
- [Racism without Racists: Colorblind Racism and the Persistence of Racial Inequality in the United States by Eduardo Bonilla-Silva](#)
- [White Rage: The Unspoken Truth of Our Racial Divide by Carol Anderson](#)

## Anti-Racism

### Videos:

- ["How to Be an Anti-Racist," Ibram X. Kendi](#)

### Books:

- [How to be an Antiracist by Ibram X. Kendi](#)
- [Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor by Layla Saad](#)
- [This Book Is Anti-Racist: 20 Lessons on How to Wake Up, Take Action, and Do the Work by Tiffany Jewell and Aurelia Durand](#)

### Articles:

- ["6 Ways to Be Anti-Racist, Because Being 'Not Racist' Isn't Enough," Rebecca Ruiz, Mashable](#)
- ["What It Means to be Anti-Racist," Anna North, Vox](#)

### Podcasts:

- [The Anti-Racist Educator](#)

## Intercultural Development Inventory (IDI)

### Books:

- [Cultural Proficiency: A Manual for School Leaders by Randall B. Lindsey, et al](#)
- [Culturally Proficient Instruction: A Guide for People Who Teach by Kikanza J. Nuri-Robins, et al](#)
- [Culturally Proficient Leadership: The Personal Journey Begins Within by Raymond D. Terrell and Randall B. Lindsey](#)

- [Culturally Proficient Learning Communities: Confronting Inequities Through Collaborative Curiosity by Delores B. Lindsey, et al](#)

#### Articles:

- [“Additional Cross-Cultural Validity Testing of the Intercultural Development Inventory” by Mitch Hammer](#)
- [“Summary of Independent Validation of the IDI Conducted by ACS Ventures: 2016-2017”](#)

## Culturally Relevant Advising

#### Videos:

- [“Significant Conversations: The Art and Science of Communication in Transformational Advising,” NACADA](#)
- [“Expanding Your Comfort Zone: Strategies for Developing Cultural Competence in Academic Advising,” NACADA](#)
- [“The Danger of a Single Story,” Chimamanda Ngozi Adichie, TED Talks](#)
- [“Building Culturally Relevant Schools Post-Pandemic,” Dr. Gloria Ladson-Billings](#)

#### Books:

- [The Appreciative Advising Revolution by Jennifer L. Bloom, Bryant L. Hutson, and Ye He](#)
- [Out from the Shadows of Minneapolis: Power, Pride, and Perseverance at a Northern Community College, edited by Jay Williams and Alison Bergblom Johnson](#)
- [Culturally Responsive Teaching by Geneva Gay](#)
- [Courageous Conversations About Race: A Field Guide for Achieving Equity in Schools by Glenn E. Singleton](#)

#### Articles:

- [“Culturally Responsive Academic Advisement” by Nichelle-Kyle E. Bowes](#)
- [Identity Models](#)
- [“The Art of Mindful Inquiry,” Lee Mun Wah](#)
- [“Courageous Conversations on Race,” Glenn Singleton](#)
- [“A Guide to Cultural Awareness of Minnesota,” DHHS](#)
- [“Considering Race and Space: Mapping Developmental Approaches for Providing Culturally Responsive Advising,” Roland W. Mitchell, Gerald K. Wood & Noelle Witherspoon](#)
- [“Effective Advising of Diverse Students in Community Colleges,” Graciela L. Orozco, Alvin N. Alvarez & Terry Gutkin](#)
- [“Family Education Model: Meeting the Student Retention Challenge,” Iris HeavyRunner and Richard DeCelles](#)

#### Podcasts:

- [The Moth Podcast](#)
- [All My Relations](#)

## Culturally Responsive Pedagogy

### Books:

- [Culturally Responsive Pedagogy: Working Towards Decolonization, Indigeneity and Interculturalism, edited by Fatima Pirbhai-Illich, Shauneen Pete, and Fran Martin](#)
- [Culturally Responsive Teaching: Theory, Research, and Practice, 2nd Edition by Geneva Gay](#)
- [Culturally Responsive Teaching and The Brain: Promoting Authentic Engagement and Rigor Among Culturally and Linguistically Diverse Students by Zaretta Hammond](#)
- [The Dreamkeepers: Successful Teachers of African American Children, 2nd Edition by Gloria Ladson-Billings](#)
- [A People's History of the United States by Howard Zinn](#)
- [Lies My Teacher Told Me by James W. Lowen](#)
- [Multiplication Is for White People: Raising Expectations for Other People's Children by Dr. Lisa Delpit](#)
- [Finding Joy in Teaching Students of Diverse Backgrounds by Dr. Sonia Nieto](#)
- [Managing Diverse Classrooms: How to Build on Students' Cultural Strengths by Dr. Carrie Rothstein-Fisch and Dr. Elise Trumbull](#)

### Articles:

- ["Yes! But How Do We Do It?" by Dr. Gloria Ladson-Billings](#)
- ["But That's Just Good Teaching" by Dr. Gloria Ladson-Billings](#)
- ["Teaching to and Through Cultural Diversity" by Geneva Gay](#)
- ["Culturally Different Students in Special Education" by Donna Ford](#)

## Trauma Responsive Pedagogy

### Books:

- [My Grandmother's Hands: Racialized Trauma and the Pathways to Mending Our Hearts and Bodies by Resmaa Menakem](#)
- [In the Realm of Hungry Ghosts: Close Encounters with Addiction by Gabor Maté](#)
- [When the Body Says No: Understanding the Stress-Disease Connection by Gabor Maté](#)
- [Hold on to Your Kids: Why Parents Need to Matter More Than Peers \(Co-Authored w/Gordon Neufeld\) by Gabor Maté](#)
- [Facing Codependence: What it is, Where it Comes from, How it Sabotages Our Lives by Pia Mellody](#)
- [The Intimacy Factor: The Ground Rules for Overcoming Obstacles to Truth, Respect and Lasting Love by Pia Mellody](#)
- [Facing Love Addiction: Giving Yourself the Power to Change the Way You Love by Pia Mellody](#)
- [The Deepest Well: Healing the Long-Term Effects of Childhood Adversity by Nadine Burke-Harris](#)
- [The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma by Bessel van der Kolk](#)
- [The Boy Who was Raised as a Dog and Other Stories from a Child Psychiatrist's Notebook by Bruce Perry](#)

- [I Thought It Was Just Me \(But It Isn't\): Making the Journey from "What Will People Think" to "I Am Enough" by Brené Brown](#)
- [Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead by Brené Brown](#)
- [Rising Strong: How the Ability to Reset Transforms the Way We Live, Love, Parent, and Lead by Brené Brown](#)
- [Post-Traumatic Slave Syndrome by Dr. Joy DeGruy](#)
- [The Trauma-Sensitive Classroom: Building Resilience with Compassionate Teaching by Patricia A. Jennings](#)
- [The Social Neuroscience of Education by Louis Cozolino](#)
- [When They Call You a Terrorist: A Black Lives Matter Memoir by Patrisse Khan-Cullors](#)
- [Exile and Pride: Disability, Queerness, and Liberation by Eli Clare](#)
- [Dirty River: A Queer Femme of Color Finding Her Way Home by Leah Lakshmi Piepzna-Samarasinha](#)
- [No Ashes in the Fire: Coming of Age Black and Free in America by Darnell Moore](#)
- [Tender Points by Amy Berkowitz](#)
- [None of the Above by I.W. Gregorio](#)
- [Wakiksuyapi: Carrying the Historical Trauma of the Lakota by Maria Yellow Horse Brave Heart](#)

#### **Websites:**

- [Center for Disease Control Preventing Adverse Childhood Experiences \(ACEs\)](#)
- [Center for Mind Body Medicine](#)
- [Chromatic Elephant Resources](#)
- [Resmaa Menakem](#)
- [Sandra Bloom's Sanctuary Model](#)
- [Dr. Ann Masten](#)
- [Washburn Center Resources](#)
- [Greater Good Science Center at University of CA, Berkeley](#)

#### **Podcasts:**

- ["How Trauma Lodges in the Body" - On Being](#)
- ["Designing the Mentally Healthy Workplace" - Harvard Business Review](#)

## **LGBTQIA+**

#### **Videos:**

- ["This Is What LGBT Life Is Like Around the World," Jenni Chang and Lisa Dazols](#)
- ["Violence and Discrimination in the LGBT Community," University of California](#)
- ["Effective Allyship: A Transgender Take on Intersectionality," Ashlee Marie Preston, TEDxPasadena](#)
- ["Transgender Inclusion in the Workplace: Transitioning at Work," Human Rights Campaign](#)
- ["How to Talk \(and Listen\) to Transgender People," Jackson Bird, TED](#)

#### **Books:**

- [Expanding the Circle: Creating an Inclusive Environment in Higher Education for LGBTQ Students and Studies edited by John C Hawley](#)

- [Trans\\* in College: Transgender Students' Strategies for Navigating Campus Life and the Institutional Politics of Inclusion](#) by Z Nicolazzo
- [Queer People of Color in Higher Education \(Contemporary Perspectives on LGBTQ Advocacy in Societies\)](#) edited by Joshua Moon Johnson and Gabriel Javier

**Articles:**

- [“Analysis of LGBT Identity Development Models and Implications for Practice”](#) by Brent L. Bilodeau, Kristen A. Renn.
- [“Making Excellence Inclusive: Higher Education's LGBTQ Contexts”](#) by Kathryn Peltier Campbell, *Diversity & Democracy*, Winter 2012, Vol. 15, No. 1.
- [“LGBTQ Students on Campus: Issues and Opportunities for Higher Education Leaders”](#) by Kristen Renn.

**Podcasts:**

- [“101: Being An Effective Ally To The LGBTQ,” Your Queer Story: An LGBT Podcast](#)
- [“4 Ways To Make Your Workplace Equitable For Trans People,”](#) Life Kit, NPR
- [LGBTQ&A Podcast](#)
- [Making Gay History: The Podcast](#)
- [Out from the Vaults: A Trans History Podcast](#)

## Living Room Conversations

**Videos:**

- [Living Room Conversations: Watch and Listen](#)

**Resources:**

- [Racial Equity Resources](#)

**Websites:**

- [Living Room Conversations](#)
- [Minneapolis College Living Room Conversations](#)

**Podcasts:**

- [Living Room Conversations: Watch and Listen](#)