

Living Room Conversations (LRC) Assignment Information

Due Date:

Points:

About the LRC Assignment:

The COVID-19 pandemic impacts all of us, in one form or another. While you may feel that you are going through this alone, you are not alone and do not have to do this alone. One way we could weather the pandemic together is by attending and participating in Living Room Conversations (LRC), weekly conversations that encourage collective healing. LRCs provide an opportunity for students, faculty, and staff to share about various topics such as anti-racism, mental health, hope, and more. By sharing our lived experiences, thoughts, and feelings through LRCs, our community has the power to stay connected and empower each other.

LRCs are facilitated by student workers at the Community Healing Collaborative (CHC) initiative. The CHC aims to build community-based ecosystems that support diverse needs for the mental and overall health of students, faculty, staff, and our communities. We want to acknowledge and validate all voices by building bridges, understanding, and connection. With a strength-based model, we hope to develop, promote, and sustain an inclusive community rich in stories, ideas, and opinions.

What to do in order to complete this assignment:

- (1) Consult our [Living Room Conversations webpage](#)
 - a. This webpage is regularly updated. This is where you will find the most up-to-date information about future conversations including dates, times, and topics!
 - b. LRCs are typically held on Mondays from 1 - 2:30 PM and Thursdays from 1 - 2:30 PM.
- (2) Register in advance for the upcoming LRCs of your choice using your Minneapolis College email credentials (*the information you use to log into your email*)
- (3) Attend an LRC on Zoom for the full duration of that conversation. We will confirm your attendance and participation with your professor!
 - a. Note that participation is the best way to engage with other attendees! We understand that it can be scary to share with others but we assure you that it is a confidential, kind, and inviting space.
 - b. Consult with your professor about any other tasks you may need to complete in order to receive full credit, such as a reflection or further attendance.

Having Problems Registering?

Please contact Catrina Huynh-Weiss (catrina.huynh-weiss@minneapolis.edu) if you run into any technical issue while registering for an LRC or during the Zoom call.