Minneapolis Community and Technical College Drug Free Schools and Communities Act Biennial Review – 2018 2016 and 2017

Introduction

The Drug-Free Schools and Communities Act of 1989 Amendments requires institutions of higher education to design and implement alcohol and illicit drug programs on their campuses. As a condition of receiving funds or any other form of financial assistance under any federal program, an institution of higher education has to certify that it has adopted and implemented a program to prevent "the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees" on campus property or as part of any campus activity.

This legislation directed Colleges to:

- 1. To develop a written policy on alcohol and other drugs
- 2. To develop a process that ensures policy distribution to all students, staff, and faculty
- 3. To enumerate federal, state, or local sanctions for unlawful possession or distribution of illicit drugs and alcohol
- 4. To describe health risks associated with alcohol abuse or illicit drug use
- 5. To describe College drug and alcohol programs available for students and employees
- 6. To specify disciplinary sanctions imposed on students and employees for policy violations
- 7. To conduct biennial reviews to assess the effectiveness of its alcohol and drug programs.

The law further requires an institution of higher education to review its program to:

- 1. To determine its effectiveness and implement changes if they are needed, and
- 2. To ensure that the sanctions developed are consistently enforced

In compliance with federal legislation, the Drug Free Schools and Communities Committee of Minneapolis Community and Technical College has prepared this biennial review.

Biennial Review Process

A committee was convened and oriented to the requirements of the Drug Free Schools Act and the completion of a Biennial Review to comply with the act.

Members represented: Campus Public Safety, Collegiate Recovery Program, Counseling, Financial Aid, Human Resources, Office of Student Rights and Responsibilities, Student Health Clinic, and Student Life.

The committee reviewed components essential to the College's drug and alcohol program: policy statements, publications, services, data collection, campus life, and data on student and employee conduct.

General Conclusion

Minneapolis Community and Technical College (MCTC) appears to be in full compliance with federal legislation. The College has developed and maintains a drug prevention policy. The College distributes the drug-free policy to all staff, faculty and students annually. The College provides services and activities to promote a strong drug-free campus environment. The College tracks the number of drug and alcohol related offenses, sanctions, and referrals.

College Compliance with Federal Legislation

College Policy 4.06 Drug and Alcohol-Free Campus and Worksite Policy

Part 1. Scope of Policy

The Minneapolis Community and Technical College Drug-and Alcohol-Free Campus Policy is for Students and Employees of the College and includes all campus locations.

Part 2. Purpose

Minneapolis Community and Technical College (MCTC), along with all Minnesota State Colleges and Universities (MnSCU), is committed to ensuring an educational and employment environment where students and employees can work, learn and develop to their full potential. Because the use and abuse of alcohol and controlled substances negatively impacts the ability of students and employees to work, learn and develop to their full potential, and to comply with federal and state laws, MCTC has adopted and will implement the following drug-and alcohol-free campus policy.

Part 3. Drugs, Alcohol Prohibited

The unlawful manufacture, growing, possession, use, dispensation, sale or distribution of controlled substances and the manufacture, use, sale, distribution or possession of alcoholic beverages by MCTC students and MCTC employees is strictly prohibited: 1) on MCTC property; 2) while participating in a student activity, activities sponsored by officially recognized student organizations, or an event or activity sponsored or sanctioned by MCTC or MnSCU, including off-site activities; and 3) while performing work, including overtime work and rest breaks.

Subpart A. Exceptions

The use of alcoholic beverages may be permitted only:

- 1. for MCTC or MnSCU educational/awareness programs; or
- 2. for a specific event or circumstance authorized by MnSCU or MCTC.

However, in no case may students or employees violate Liquor Laws.

Subpart B. Employees

No MCTC employee may:

- 1. report to work under the influence of alcohol, controlled substances or other drugs which affect her/his alertness, coordination, reaction, response, judgment, decision-making or safety; or
- 2. operate, use or drive any MCTC or MnSCU equipment, machinery or vehicle while under the influence of alcohol, controlled substances or mind-altering drugs.

An employee who is under the influence of alcohol, controlled substances or other mind-altering drugs, or who is taking medically authorized drugs or other substances which may affect job performance, has an affirmative duty to immediately notify the appropriate supervisor that the employee's mental or physical condition precludes her/his ability to operate, use or drive MCTC or MnSCU equipment.

Employees are discouraged from consuming alcoholic beverages off-site during lunch or dinner meals when returning to perform work on behalf of MCTC. In any situation subsequent to the intake of alcohol, an employee whose behavior or condition adversely affects her/his performance is subject to discipline.

Since engaging in off-duty sale, purchase, transfer, use or possession of controlled substances may have a negative effect on an employee's ability to perform his/her work, an MCTC employee involved in such circumstances is subject to discipline.

Employees working on federal grants or contracts who are convicted of a criminal drug statute violation occurring in the workplace are required to notify MCTC or MnSCU within five (5) working days of such a conviction.

Part 4. Penalties for Policy Violations

MCTC employees and students who violate this policy are subject to MCTC and MnSCU sanctions and may be subject to legal sanctions under local, state or federal law.

MCTC students will be disciplined according to the Student Code of Conduct. Disciplinary sanctions include, but are not limited to, warning, confiscation, restitution, dismissal, suspension, expulsion and referral for prosecution.

MCTC employees covered by a Collective Bargaining Agreement will be disciplined according to the process delineated in the appropriate agreement. Other employees will be disciplined according to the Excluded Administrators Plan or the Commissioner's Plan. Discipline may include, but is not limited to, oral and written reprimand, suspension, termination, and referral for prosecution.

Part 5. Information

Minneapolis Community and Technical College provides voluntary educational programs designed to inform students and staff about the health risks associated with drug and alcohol use, community resources available to provide assistance to individuals dealing with drug and/or alcohol abuse issues, the legal ramifications associated with illegal use of drugs and/or alcohol, and penalties for policy violations under Minnesota Law.

MCTC Student Code of Conduct

Unauthorized use, sale, possession, or presence on campus or at College-sponsored events of alcoholic beverages or controlled substances and/or drug paraphernalia. The state of being under the influence of alcohol or controlled substances on College-controlled property, or at College-sponsored events. A complete copy of the Drug and Alcohol-Free Campus Policy is available for students and employees in the Counseling Office and the Human Resources Office.

Distribution of Written Policy

College drug and alcohol policies are found in the Annual Campus Crime Report published by the Campus Public Safety Department, College Website, and a Human Resources. One or more of these publications is sent or given to every student and employee annually.

The information is also found on the following websites: College Policies: <u>https://www.minneapolis.edu/About-Us/Human-Resources/Policies/Student-Affairs-Policies/406-Drug-and-Alcohol-Free-Campus-and-Worksite-Policy</u>

Campus Security Department:

https://www.minneapolis.edu/Student-Services/Public-Safety

Counseling & Advising: <u>http://www.minneapolis.edu/Student-Services/Counseling-and-Advising-Services</u>

Legal Penalties

Minnesota State Law

Under Minnesota law, it is a crime for any person to drive, operate, or be in physical control of any motor vehicle when the person is under the influence of alcohol or a controlled substance.

A person who commits first-degree driving while impaired is guilty of a felony and may be sentenced to imprisonment for not more than seven years, or to payment of a fine of not more than \$14,000, or both.

Other penalties for violating state laws prohibiting driving under the influence include:

- driver's license suspension or revocation;
- impounding motor vehicles;
- further criminal prosecution

Under Minnesota law, it is also a crime for a person under the age of 21 years to consume, possess or purchase any alcoholic beverages.

- Underage consumption: \$100 fine.
- Possession by persons under 21: \$100 fine.
- Use of false identification for alcohol purchase: \$100 fine.
- Furnishing alcohol to persons under 21: \$3,000 fine and/or 1 year in jail

Guidelines for the sentencing of any person convicted of drug and alcohol-related criminal offenses are established by the Minnesota Sentencing Guidelines Commission. The actual length of a sentence depends upon the individual's criminal and driving history.

Possession or sale of controlled substances, including but not limited to, narcotics, depressants, stimulants, Hallucinogens, and cannabis, is prohibited by Minnesota law. Penalties for controlled substance crimes include:

First Degree

Sale: 10+ grams of cocaine, 50+ grams of other narcotic drug, 200+ doses hallucinogen, 50 kilos marijuana, or 25+ kilos marijuana in a school zone, park zone, or public housing zone. Possession: 25+ grams cocaine, 500+ grams of other narcotic drug, 500+ doses hallucinogen, 110+ kilos marijuana.

Penalty: 0 to 40 years, 4 year mandatory minimum if prior drug felony; up to \$1,000,000 fine. 0 to 40 years, 2nd offense.

Second Degree

Sale: 3+ grams cocaine, 10+ grams of other narcotic drug, 50+ doses hallucinogen, 25+ kilos marijuana, or sale of a Schedule I or II narcotic drug of 5+ doses hallucinogen or methamphetamine either to a person under 18 or in a school zone, park zone, or public housing zone.

Possession: 6+ grams cocaine, 50+ grams of other narcotic drug, 100+ doses hallucinogen, 50+ kilos marijuana.

Penalty: 0 to 40 years, 3 year mandatory minimum if prior drug felony; up to \$500,000 fine.

Third Degree

Sale: Narcotic drug, 10+ doses hallucinogen, 5+ kilos marijuana, or sale of any Schedule I, II, or III drug (except a Schedule I or II narcotic drug or marijuana) to a person under 18 or employment of person under 18 to sell the same.

Possession: 3+ grams cocaine, 10+ grams of other narcotic drug, 10+ kilos marijuana, and any amount of a Schedule I or II narcotic drug or LSD or methamphetamine or 5+ kilos marijuana in a school zone, park zone, or public housing zone.

Penalty: 0 to 30 years, 2 year mandatory minimum if prior drug felony; up to \$250,000 fine. Between 0 to 30 year years, 2nd or subsequent offense.

Fourth Degree

Sale: Any Schedule I, II or II drug (except marijuana), or sale of marijuana in a school zone, park zone, or public housing zone or any Schedule IV or V drug to a person under 18 or conspiracy for the same. Possession: 10 doses hallucinogen, any amount of a Schedule I, II or III drug (except marijuana) with the intent to sell it.

Penalty: 0 to 30 years, 1 year mandatory minimum if prior drug felony; up to \$100,000 fine.

Fifth Degree

Sale: Marijuana, or any Schedule IV drug.

Possession: All Schedule I, II, III, IV drugs except 42.5 grams or less of marijuana. Any prescription drugs obtained through false pretenses or forgery.

Penalty: 0 to 5 years, 6 month mandatory minimum if prior drug felony; up to \$10,000 fine.

Federal Law

Schedule I Drugs (Penalty for possession)

First Offense: 10 years to life, 10 year mandatory minimum; if death or serious injury, 20 year minimum; up to \$4 million fine individual, \$10 million other than individual.

Second Offense: 20 years to life, 20 year mandatory minimum; if death or serious injury, not less than life; up to \$8 million fine individual, \$20 million other than individual.

Schedule II Drugs (Penalty for possession)

First Offense: 5 to 40 years, 5 year mandatory minimum; if death or serious injury, 20 year minimum; up to \$2 million fine individual, \$5 million other than individual.

Second Offense: 10 years to life, 10 year mandatory minimum; if death or serious injury, not less than life; up to \$4 million fine individual, \$10 million other than individual.

Schedule I or Schedule II Controlled Drugs (Penalty for possession)

First Offense: 0 to 20 years, if death or serious injury, 20 year minimum, not more than life; up to \$1 million fine individual, \$5 million other than individual.

Second Offense: 0 to 30 years, if death or serious injury, not less than life; up to \$2 million fine individual, \$10 million other than individual.

Schedule III Drugs (Penalty for possession)

First Offense: 0 to 5 years, up to \$250,000 fine individual, \$1 million other than individual. Second Offense: 0 to 10 years; up to \$500,000 fine individual, \$2 million other than individual.

Schedule IV Drugs (Penalty for possession)

First Offense: 0 to 3 years, up to \$250,000 fine individual, \$1 million other than individual. Second Offense: 0 to 6 years, up to \$500,000 fine individual, \$2 million other than individual.

Schedule V Drugs (Penalty for possession)

First Offense: 0 to 1 year, up to \$100,000 fine individual, \$250,000 other than individual. Second Offense: 0 to 2 years, up to \$200,000 fine individual, \$500,000 other than individual.

Health Risks

The health risks associated with alcohol and illicit drug use and abuse can be significant and can have an impact on physical, mental, social, and financial health as well as impact academic success and engagement.

MCTC participates in the College Student Health Survey put out by the University of Minnesota for specific drug and alcohol related statistics. The survey is done every three years. MCTC students will be invited to participate in this survey in Spring 2018 with results available in Fall 2018.

Alcohol Use and Abuse:

Alcohol use and abuse can lead to many health consequences which include, but are not limited to: cardiovascular disease, insomnia, compromised immune system, memory loss, diabetes,

accidents/trauma/injury, violence, dementia, organ failure (liver cirrhosis), depression, anxiety, financial difficulties, and social difficulties.

Drinking problems can negatively impact mental health as "alcohol abuse and alcoholism can also worsen existing conditions such as depression or anxiety". Furthermore, alcohol problems often extend beyond the drinker to his/her spouse and children as well.

Illicit Drug Use and abuse:

Illicit Drug Use and abuse has been linked to many negative health consequences as well. Marijuana use and abuse can lead to pulmonary, issues/disease, cancer, psychosocial impacts, poor motivation, reproductive health issues, and can lead to other addictions and substance abuse. Being under the influence of other illicit drugs can have similar negative consequences.

Opiate use and abuse has become a nationwide epidemic. Negative effects of opiate use and abuse include, but are not limited to: nausea, vomiting, weakened immune system, slow respiratory rate, increased risk of HIV or other infectious diseases, hepatitis, hallucinations, and death. According to the 2015 College Student Health Survey (CSHS) by Boynton Health at the University of Minnesota, 66.5% of Minneapolis Community and Technical College (MCTC) students report using alcohol and 15.8% report high-risk drinking (5 or more drinks in one sitting). Several students also reported negative consequences as a result of their drinking. Some of the concerning consequences that students reported are: 13.6% report doing something they have later regretted, 6.7% report driving while under the influence, 14.2% reported memory loss, 1.9% report being taken advantage of sexually, 8% missed a class, 5.6% performed poorly on a test or important project, 7.2% think thy might have a drinking problem.

The 2017 College Student Health Survey (CSHS) by Boynton Health at the University of Minnesota was recently launched and in process.

Controlled Substance Use and Abuse:

In the last 12 month, 23.4% of MCTC students report using marijuana and 9.8% using other illicit drugs with the most common being cocaine. The long-term effects of marijuana use and abuse are not as well researched, however, can have negative health consequences as well. Marijuana use and abuse can lead to pulmonary issues/disease, cancer, psychosocial impacts, poor motivation, reproductive health issues, and can lead to other addictions and substance abuse. Being under the influence of other illicit drugs can have similar negative consequences.

Campus Resources

Boynton Student Health Center 612-659-6384 H3400 Campus Public Safety 612-659-6910 R3100 Counseling Office 612-659-6709 T2300 MCTC Human Resources 612-659-6840 K1100

Community Resources

Alcoholics Anonymous 952-922-0880 www.aaminneapolis.org

CLUES (Comunidades Latinos Unidos en Servicios)

720 Lake St. 612-746-3500 www.clues.org

Hennepin County Front Door

612-348-4111 http://www.hennepin.us/residents/human-services/treatment-chemical-addiction

House of Charity

510 South 8th St. 612-594-2002 http://www.houseofcharity.org/our-programs/dependency-illness-treatment/

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Huss Center for Recovery - People Incorporated

2120 Park Avenue 612-872-2050 http://www.peopleincorporated.org/program/huss-center-for-recovery/

Indian Neighborhood Club on Alcohol & Drug Abuse

1805 Portland Avenue South 612-871-7412

Metro Hope Ministries

2739 Cedar Avenue South 612-721-9415 http://www.metrohope.org/

Minnesota Adult & Teen Challenge

1619 Portland Avenue South 612-373-3366 http://www.mntc.org/

North Point Health & Wellness Center "Renaissance"

1315 Penn Avenue612-767-9500http://www.northpointhealth.org/renaissance-program/

NuWay House, Inc.

2118 Blaisdell Ave S Minneapolis, MN 55404 612-767-0309 http://www.nuwayhouse.org/contact/

Resource Chemical & Behavioral Health

1900 Chicago Avenue South 612-752-8050 http://www.resource-mn.org/chemical-mental-health/

Salvation Army Harbor Light Center

1010 Currie Avenue 612-767-3100 ex. 3110 http://salvationarmynorth.org/community/harbor-light/

Tubman (Chrysalis Center)

4432 Chicago Avenue South 612-870-2426 http://www.tubman.org/resources-and-services/counseling-and-therapy/co-occurring-disorders.html Turning Point, Inc. 1500 Golden Valley Road 612-520-4004 http://www.ourturningpoint.org/

Collegiate Recovery Program

MCTC's Collegiate Recovery Program (CRP) is a program within the Division of Student Affairs, founded in 2017. The CRP is committed to supporting all students in recovery from substance use disorders to finding academic and personal success.

MCTC's Collegiate Recovery Program has been named by the Association of Recovery in Higher Education (ARHE) as the 100th collegiate program related to recovery in Higher Education. Among the nation's 1,462 community colleges, MCTC has the 5th ARHE-recognized program aimed at supporting all students in recovery through interpersonal and cross-cultural communications.

The CRP is a collaborative effort between the University of Minnesota's Boynton Health Clinic and MCTC's Addiction Counseling academic program, Student Affairs and Student Life, and our 10-year old Addiction Counseling Club. The collaboration extends into the greater metro area with a number of programs and community resources. The program is coordinated by the Dean of Students and employees a ½ time Addiction Counseling professional and two ½ time student workers, and a number of individual personal recovery coaches.

Drug and Alcohol Related Courses

Addiction Counseling Program

The Addiction Counseling Program prepares students for required Minnesota Alcohol and Drug Counselor licensure. MCTC also has an articulation agreement with Metropolitan State University (MSU) where students can complete baccalaureate level education in the field. MSU coursework is offered at the MCTC campus location.

Degrees, diplomas and certificates (with articulations)

- Addiction Counseling A.S. Degree
 - (B.S., Alcohol and Drug Counseling, Metropolitan State University)
- Addiction Counseling Diploma

COUN 1500 Drugs in the Community - This course is designed to acquaint you with the physiological, psychological and sociological aspects of commonly abused drugs in the community. Topics include: drugs of abuse (marijuana, alcohol, cocaine, etc.); substance abuse among people in the community (youth, ethnic and cultural groups); and substance abuse services (prevention, treatment, drugs and law enforcement). This is a non-program course that is offered for the general student body.

Other Campus Efforts Student Life Efforts

Addiction Counseling Club – This club facilitates the growth of tomorrow's counselors through networking, hands-on experience and advocacy in the field of chemical dependency. In Spring 2012, the Addiction Counseling club initiated a peer support group for students that are either directly or indirectly affected by addiction. This group continues meeting today

September's Addiction Recovery Programming – the Addiction Counseling Club's hugely popular annual Operation: Recovery event was hosted again in 2016 & 2017. This event was created as a way to bring resources and awareness to the stigmatized subjects related to addiction. During their annual event, they continue to provide entertainment, resources and opportunities for the college community to network and support recovery efforts, with dozens of campus and community resources in attendance.

MCTC Health Fairs – The College continues to host multiple, smaller health fairs throughout the year (two in 2016 and two in 2017), to encourage the sharing of basic health information and resources with the campus community in a more on-going way. Several of the agencies participating in each fair provide resources and information regarding drugs and alcohol. We also participated in the National Kick Butt (Smoking Cessation) Day on March 16 2016 and March 15, 2017, in both 2016 & 2017.

MARRCH Conference Attendance – Student Life again sponsored groups of student members of the Addiction Counseling Club, along with a faculty advisor, to attend the annual MARRCH Conferences, each semester: Spring 2016, Fall 2016, Spring 2017 and Fall 2017. MARRCH is the Minnesota Association of Resources for Recovery and Chemical Health. MARRCH is a professional association that exists to be the collective voice for members providing the continuum of chemical health services in Minnesota.

Student Life Newsletter – this Health & Wellness newsletter continues to be distributed monthly. In the April 2016 & April 2017 issues, the main topic was related to Drug and Alcohol Awareness month. In the November 2016 and November 2017 issues, information was shared related to Lung cancer Awareness.

Student Support Center Efforts

Office Student Rights & Responsibilities

The Office of Student Rights & Responsibilities provides disciplinary sanctions to those students whose behavior has not met the standards of the student code of conduct. Students may be assigned appropriate sanctioning or be referred to appropriate professionals.

Counseling

MCTC counselors provide free and confidential counseling and consultation to promote personal development and well-being. These services include individual counseling and/or referrals for students who are currently dealing with or recovering from substance use. In addition, programming efforts including a fall Mental Health Fair bring community organizations to campus to promote their services, many of which address the needs of those with chemical abuse issues and co-occurring disorders.

Statistical Information

Office of Student Rights & Responsibilities – Student Conduct

Public Safety Case # (OSRR Case # Denoted by ^)	Date	Violation	Outcome
16-0173^	7/21/2016	Under the Influence of Alcohol	Anger Management Class, Long-term Suspension
16-0282	10/19/2016	Under the Influence of Alcohol	Non Student
16-0283^	10/17/2016	Unauthorized sale, possession, or presence on campus with controlled substances and/or drug paraphernalia	Conduct Probation and 3 Day Suspension
16-0013	1/16/2016	Under the Influence of Alcohol	Non Student
16-0205^	8/29/2016	Unauthorized use and/or possession of alcoholic beverages	Warning
16-0248^	9/26/2016	Under the Influence of Alcohol	Warning
16-0245^	9/21/2016	Unauthorized sale, possession, or presence on campus with controlled substances and/or drug paraphernalia	Warning
^	02/03/2017	Under the influence of alcohol	Warning
17-0029^	2/1/2017	Under the Influence of Alcohol	Warning and Probation
17-0042^	2/14/2017	Under the Influence of Alcohol	Warning and Probation
17-0101	3/21/2017	Under the Influence of Alcohol	Warning
17-0188^	8/29/2017	Unauthorized use and/or possession of alcoholic beverages	Warning

17-0225^	10/12/2017	DWI/ Under the influence of alcohol	Disciplinary Probation and Certified Alcohol
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Distribution of Annual Notification

The College annually provides the alcohol and drug policies, resources, programs, and health risks to all employees and students through the Annual Compliance and Security Act. Employees and students receive the document via e-mail. A copy of the annual report is located at http://www.minneapolis.edu/Student-Services/Public-Safety.